

 **BREAKFAST**

 **LUNCH**

APRIL 2019

LA ACADEMIA DE ESPERANZA

All meals are served with a food bar and your choice of low-fat flavored or white milk. We use whole grain breads. All foods are baked.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>WAFFLES STICKS FRESH FRUIT 1</p> <p><i>NACHOS SUPREME</i> REFRIED BEANS MANDARIN ORANGE CHEX MIX</p>	<p>COLD CEREAL, VARIETY STRING CHEESE FRESH FRUIT 2</p> <p><i>BEEF TACO SOFT</i> CORN PEARS</p>	<p>BREAKFAST BURRITO FRESH FRUIT 3</p> <p><i>MEATBALL SUB</i> BROCCOLI PEACHES</p>	<p>BAGEL, PLAIN CREAM CHEESE FRESH FRUIT 4</p> <p><i>MAX CHEESE STICKS</i> MARINARA SAUCE MIXED VEGETABLES PINEAPPLE CHUNKS</p>	<p>APPLE FRUDEL FRESH FRUIT 5</p> <p><i>TUNA SALAD SANDWICH</i> CARROT STICKS MIXED FRUIT</p>
<p>PANCAKE WRAP FRESH FRUIT 8</p> <p><i>TORTILLA BURGER</i> SWEET POTATOE FRIES PEACHES</p>	<p>MUFFINS ASSORTED FRESH FRUIT 9</p> <p><i>CHICKEN TAQUITOS</i> MIXED VEGETABLES PINEAPPLE CHUNKS CHEESE ITZ</p>	<p>BREAKFAST COMBO BAR TORTILLA 10</p> <p><i>CHICKEN PATTIE HOT & SPICY</i> BAKED BEANS MIXED FRUIT</p>	<p>CINNI MINIS FRESH FRUIT 11</p> <p><i>FIESTA BURRITO</i> CORN MANDARIN ORANGE</p>	<p>NUTRI GRAIN YOGURT FRESH FRUIT 12</p> <p><i>PIZZA</i> BROCCOLI FRESH SIDEKICKS RICE KRISPIES TREATS</p>
<p>MUFFINS ASSORTED FRESH FRUIT 15</p> <p><i>FIESTA BURRITO</i> BROCCOLI PEARS RED CHILE</p>	<p>BREAKFAST BURRITO FRESH FRUIT 16</p> <p><i>CHICKEN DRUM STICKS</i> WHIPPED POTATOES MIXED FRUIT WHOLE WHEAT ROLL</p>	<p>CINNI MINIS FRESH FRUIT 17</p> <p><i>FRITO PIE</i> MIXED VEGETABLES PINEAPPLE CHUNKS CHEX MIX</p>	<p>WAFFLES MINI EGGO BITES FRESH FRUIT 18</p> <p><i>CHILE CHEESE DOG</i> CARROTS PEACHES</p>	<p>19</p>
<p>APPLE FRUDEL FRESH FRUIT 22</p> <p><i>CHICKEN TENDERS</i> WHIPPED POTATOES PINEAPPLE CHUNKS WHOLE WHEAT ROLL</p>	<p>BREAKFAST COMBO BAR TORTILLA FRESH FRUIT 23</p> <p><i>PHILLY STEAK SANDWICH</i> BROCCOLI PEARS</p>	<p>NUTRI GRAIN YOGURT FRESH FRUIT 24</p> <p><i>BEEF TAQUITOS</i> <i>TAMALES</i> REFRIED BEANS MANDARIN ORANGE TORTILLA</p>	<p>PANCAKE WRAP FRESH FRUIT 25</p> <p><i>STEAK FINGERS</i> GREEN BEANS MIXED FRUIT CHEESE ITZ</p>	<p>BAGEL, PLAIN CREAM CHEESE FRESH FRUIT 26</p> <p><i>PIZZA</i> CARROT STICKS SIDEKICKS RICE KRISPIES TREATS</p>
<p>WAFFLES MINI EGGO BITES FRESH FRUIT 29</p> <p><i>NACHOS SUPREME</i> REFRIED BEANS MANDARIN ORANGE CHEX MIX</p>	<p>COLD CEREAL, VARIETY STRING CHEESE FRESH FRUIT 30</p> <p><i>BEEF TACO SOFT</i> CORN PEARS</p>			



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