

 **BREAKFAST**

 **LUNCH**



Your cafeteria is managed by
Canteen of Central New Mexico

MAY 2019

LA ACADEMIA DE ESPERANZA

All meals are served with a food bar and your choice of low-fat flavored or white milk.
We use whole grain breads. All foods are baked.

Monday	Tuesday	Wednesday	Thursday	Friday
 PANCAKE WRAP FRESH FRUIT 6 <i>TORTILLA BURGER</i> SWEET POTATOE FRIES PEACHES	 MUFFINS ASSORTED FRESH FRUIT 7 <i>CHICKEN TAQUITOS</i> MIXED VEGETABLES PINEAPPLE CHUNKS CHEESE ITZ	 BREAKFAST BURRITO FRESH FRUIT 1 <i>MEATBALL SUB</i> BROCCOLI PEACHES	 BAGEL, PLAIN CREAM CHEESE FRESH FRUIT 2 <i>MAX CHEESE STICKS</i> MARINARA SAUCE MIXED VEGETABLES PINEAPPLE CHUNKS	APPLE FRUDEL FRESH FRUIT 3 <i>TUNA SALAD SANDWICH</i> CARROT STICKS MIXED FRUIT
MUFFINS ASSORTED FRESH FRUIT 13 <i>FIESTA BURRITO</i> BROCCOLI PEARS RED CHILE	BREAKFAST BURRITO FRESH FRUIT 14 <i>CHICKEN DRUM STICKS</i> WHIPPED POTATOES MIXED FRUIT WHOLE WHEAT ROLL	BREAKFAST COMBO BAR TORTILLA FRESH FRUIT 8 <i>CHICKEN PATTIE HOT & SPICY</i> BAKED BEANS MIXED FRUIT	CINNI MINIS FRESH FRUIT 9 <i>FIESTA BURRITO</i> CORN MANDARIN ORANGE	NUTRI GRAIN YOGURT FRESH FRUIT 10 <i>PIZZA</i> BROCCOLI SIDEKICKS RICE KRISPIES TREATS
APPLE FRUDEL FRESH FRUIT 20 <i>CHICKEN TENDERS</i> WHIPPED POTATOES PINEAPPLE CHUNKS WHOLE WHEAT ROLL	BREAKFAST COMBO BAR TORTILLA FRESH FRUIT 21 <i>PHILLY STEAK SANDWICH</i> BROCCOLI PEARS	CINNI MINIS FRESH FRUIT 15 <i>FRITO PIE</i> MIXED VEGETABLES PINEAPPLE CHUNKS CHEX MIX	WAFFLES MINI EGGO BITES FRESH FRUIT 16 <i>CHILE CHEESE DOG</i> CARROTS PEACHES	COLD CEREAL, VARIETY STRING CHEESE FRESH FRUIT 17 <i>CHEESEBURGER</i> BAKED BEANS MANDARIN ORANGE
27	28	29	30	31

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